



Introduction to Complex Trauma

2025

7 day course

for Psychotherapists, Counsellors,
Music and Play and Art Therapists,
or Psychologists.

Our mission is to bring recovery to children, young people and their families. This will change generational behaviour patterns and bring restoration to whole communities.

www.traumarecoveryglobal.com

Introduction to Complex Trauma.

7 day course:

Thursday
16th January 2025
10AM - 3:30PM

Stage 1 BdT Trauma Recovery Focused Model:

Introduction to trauma, complex trauma, the trauma continuum and trauma symptoms.

Betsy de Thierry MA

Friday
14th February 2025
10AM - 3:30PM

Stage 2 BdT Trauma Recovery Focused Model:

Building relationships that reduce the impact of trauma and facilitate trauma recovery.

Betsy de Thierry MA

Wednesday
26th February 2025
10AM - 3:30PM

Stage 4 BdT Trauma Recovery Focused Model:

The dissociation continuum and survival strategies for complex trauma unpacked from a recovery lens.

Betsy de Thierry MA

Thursday
20th March 2025
10AM - 3:30PM

Stage 3 BdT Trauma Recovery Focused Model:

An exploration of shame, its link to trauma and the recovery route.

Betsy de Thierry MA

Friday
21st March 2025
10AM - 3:30PM

Trauma Assessment, creative tools and the BdT tools of the Trauma Recovery Focused Model: to use in helping traumatised people.

Betsy de Thierry MA

Thursday
1st May 2025
10AM - 3:30PM

Complex Trauma: Attachment Trauma.

Betsy de Thierry MA

Friday
2nd May 2025
10AM - 3:30PM

Complex Trauma: DID Mapping.

Betsy de Thierry MA

The BdT TRFM is a pioneering model that facilitates professionals to have the skills to be recovery focused rather than focused on the management of symptoms.

Betsy de Thierry, MA, is a Consultant Psychotherapist, Trainer, Author, Teacher, CEO of Trauma Recovery Global and BdT Training Ltd, and Founder & Chair of Trustees of the Trauma Recovery UK.

Avenue:

- In person training in Bath
- Online via Zoom is available

Here at TRG we value face to face training, as this is most beneficial for the attendees and trainers, and whilst we understand that some students will need to access online, we would love to meet you in person.

We are proud to say that we have kept the cost of the courses the same, despite inflation for the past 8 years as Betsy recognises the cost of living crisis & funding available.

Cost:

The cost of the course is
£1020+VAT= £1225 for
7 days training.

Evidencing your learning:

There will be an end of course assessment for you to evidence your learning and application.

Terms of service:

By booking a BdT training course you agree to our terms and conditions, a copy of which can be found on the Trauma Recovery Global website under the Training section at the bottom of the page.

Applications:

Applications can be got from:
office@traumarecoveryglobal.com

www.traumarecoveryglobal.com

