

RESOURCES



You can find more content from Betsy on these platforms:

YouTube

Betsy de Thierry



Facebook

Betsy de Thierry



Instagram

Betsy de Thierry



Website

www.betsytraininguk.co.uk



Online Training

bdtonline.thinkific.com



Trauma Informed Organisations and hosts:

Trauma Recovery UK was founded in 2011 by Betsy de Thierry, with its flagship Trauma Recovery Centre (TRC) in Bath. Trauma Recovery UK exists to facilitate the creative and purposeful recovery of children and young people facing trauma, challenge and crisis.

As a charity, they provide creative, play, music and art psychotherapy to children and young people, as well as therapeutic support for their parents or carers in Trauma Recovery Centres across the UK.



www.trc-uk.org