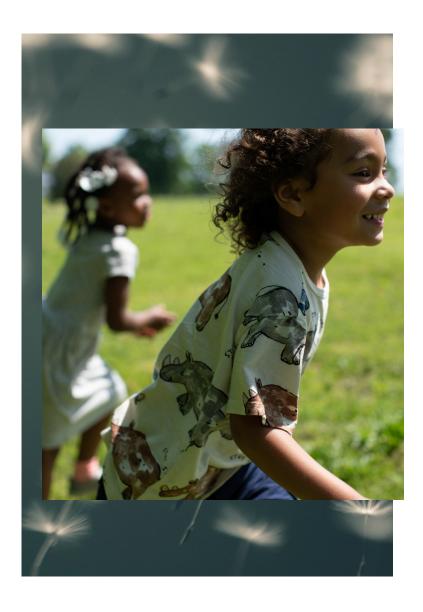


# **Complex Trauma Recovery Certificate**

2024-2025



For: Psychotherapists, Counsellors, Music and Play Therapists, or Psychologists.

Our mission is to bring recovery to children, young people and their families. This will change generational behaviour patterns and bring restoration to whole communities.

# www.traumarecoveryglobal.com

# The Complex Trauma Recovery Certificate consists of 7 days:



#### Day IFriday 11th October 2024 | 10AM - 3:30PM

**Stage 1 Trauma Recovery Focused Training Pathway:** Introduction to trauma, developmental trauma, trauma assessment, the impact of trauma and the recovery journey.

Betsy de Thierry MA

#### Day 2 Friday 22nd November 2024 | 10AM - 3:30PM

**Stage 2 Trauma Recovery Focused Training Pathway:** The impact of trauma on the body. Relational skills and activites to facilitate recovery and safety.

Betsy de Thierry MA

#### Day 3 Friday 17th January 2025 | 10AM - 3:30PM

**Stage 3 Trauma Recovery Focused Training Pathway:** The impact of shame and its relationship with trauma. Exploration of anxiety and depression and other trauma symptoms.

Betsy de Thierry MA

#### Day 4 Wednesday 26th February 2025 | 10AM - 3:30PM

**Stage 4 Trauma Recovery Focused Training Pathway:** The impact of developmental, multiple trauma on the person. Exploring dissociation and complex trauma. The recovery map.

Betsy de Thierry MA

#### Day 5 Friday 21st March 2025 | 10AM - 3:30PM

Trauma Assessment and the BdT tools of the Trauma Recovery Focused Model: to use in helping traumatised people. Betsy de Thierry MA

#### Day 6 Friday 25th April 2025 | 10AM - 3:30PM

Complex Trauma Recovery stage 1: Attachment disorder and complex trauma

Betsy de Thierry MA

#### Day 7 Friday 2nd May 2025 | 10AM - 3:30PM

## Complex Trauma Recovery stage 2: DID Mapping

Betsy de Thierry MA

# Course fee:

£1330 (including VAT)

## **Application:**

Applications can be got from: office@traumarecoveryglobal.com

#### Terms of service:

By booking a BdT training course you agree to our terms and conditions, a copy of which can be found on the Trauma Recovery Global website under the Training section at the bottom of the page.

www.traumarecoveryglobal.com