



Complex Trauma Recovery Certificate

2024-2025



For:
Psychotherapists,
Counsellors,
Music and Play Therapists,
or Psychologists.

Our mission is to bring
recovery to children,
young people and
their families.
This will change
generational behaviour
patterns and bring
restoration to
whole communities.



The Complex Trauma Recovery Certificate consists of 7 days:

Day 1 Friday 11th October 2024 | 10AM - 3:30PM

Stage 1 Trauma Recovery Focused Training Pathway: Introduction to trauma, developmental trauma, trauma assessment, the impact of trauma and the recovery journey.

Betsy de Thierry MA

Day 2 Friday 22nd November 2024 | 10AM - 3:30PM

Stage 2 Trauma Recovery Focused Training Pathway: The impact of trauma on the body. Relational skills and activities to facilitate recovery and safety.

Betsy de Thierry MA

Day 3 Friday 17th January 2025 | 10AM - 3:30PM

Stage 3 Trauma Recovery Focused Training Pathway: The impact of shame and its relationship with trauma. Exploration of anxiety and depression and other trauma symptoms.

Betsy de Thierry MA

Day 4 Wednesday 26th February 2025 | 10AM - 3:30PM

Stage 4 Trauma Recovery Focused Training Pathway: The impact of developmental, multiple trauma on the person. Exploring dissociation and complex trauma. The recovery map.

Betsy de Thierry MA

Day 5 Friday 21st March 2025 | 10AM - 3:30PM

Trauma Assessment and the BdT tools of the Trauma Recovery Focused Model: to use in helping traumatised people.

Betsy de Thierry MA

Day 6 Friday 25th April 2025 | 10AM - 3:30PM

Complex Trauma Recovery stage 1: Attachment disorder and complex trauma

Betsy de Thierry MA

Day 7 Friday 2nd May 2025 | 10AM - 3:30PM

Complex Trauma Recovery stage 2: DID Mapping

Betsy de Thierry MA

Course fee:

£1330 (including VAT)

Application:

Applications can be got from:

office@traumarecoveryglobal.com

Terms of service:

By booking a BdT training course you agree to our terms and conditions, a copy of which can be found on the Trauma Recovery Global website under the Training section at the bottom of the page.

www.traumarecoveryglobal.com